



*Dr. Erica
Tatum-Sheade*

Clinical Director | Speaker | Author |
Mental Health Equity Leader

Dr. Erica J. Tatum-Sheade is a Licensed Clinical Social Worker, Registered Play Therapist-Supervisor, and award-winning speaker and trainer with 20+ years of experience. She co-leads Integrated Mental Health Associates and founded the Arizona Institute for Advanced Psychotherapy Training. Erica's signature work focuses on mental health equity, culturally responsive therapy, and the empowerment of girls and women, particularly those of color.

SIGNATURE TOPICS

- ✓ Empowering Girls of Color through Play Therapy
- ✓ Being Your Authentic Self: Mental Health & Leadership
- ✓ Addressing Cultural Issues in Clinical Practice
- ✓ Building Shame Resiliency in Youth
- ✓ Mental Health in Communities of Color
- ✓ From Therapist to Trainer: Practice Development for Clinicians

Previous Speaking Engagements

FOSTER
cooperative



GCU



And More...

COLLABORATION PACKAGES

PACKAGE A: STARTING AT

- Keynote (up to 60 minutes)
- Online Workshop or Virtual Event

PACKAGE B:

- Half-Day Training (2-4 hours)
- Extended Keynote (>60 mins)

PACKAGE C:

- Full-Day Workshop or Retreat
- Custom Training Series or Multi-Day Event

Custom packages options are available for schools, nonprofits, and community organizations.



Please feel free to reach out for any questions.

AWARDS AND RECOGNITION

2025 Clinician of The Year-BTAZ

*2024 Frances Young Trailblazer
Award Winner-Scottsdale
Leadership*

2024 Titan 100 -Phoenix

*2023 Association for Play
Therapy Leadership Graduate*

*2022 NASW-AZ Social Worker of
The Year*

*BL Henson Foundation JOY Award
Nominee 2022 and 2023*

*2021 NAWBO Women of Vision
Award Recipient*

Get in Touch!

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